

## Who to see for which condition?

### Annual Medication Reviews

Allopurinol Therapy — HCA\* and Pharmacist

Atrial Fibrillation — Pharmacist

Asthma — Practice Nurse

COPD — Practice Nurse

Dementia — GP

Depression — GP

Diabetes — HCA\*, Practice Nurse and Pharmacist

Epilepsy — Pharmacist

Heart Disease — HCA\* and Pharmacist

Heart Failure — HCA\* and Pharmacist

Hypertension — HCA\* and Pharmacist

Kidney Disease — HCA\* and Pharmacist

Mental Health — HCA\* and Pharmacist

Peripheral Vascular Disease — HCA\* and Pharmacist

Pill Check — Practice Nurse

Repeat Medication — Pharmacist

Rheumatoid Arthritis — HCA\* and Pharmacist

Stroke/TIA — HCA\* and Pharmacist

Thyroid Monitoring — HCA\*

### 6 Monthly Medication Review

Diabetes- — HCA\* and Practice Nurse

Kidney Disease — HCA\*

\*HCA = Health Care Assistant, trained in phlebotomy, BP checks, ECGs & other nursing assistant tasks.

### **Tamar Valley Health**

Callington Health Centre  
Haye Road  
Callington  
PL17 7AW  
Tel: 01579 382666

Gunnislake Health Centre  
The Orchard  
Gunnislake  
PL18 9JZ  
Tel: 01822 832641

E-mail for recalls only:  
call-gunn.recalls@Cornwall.nhs.uk



Tamar Valley Health

The Callington and  
Gunnislake Health Centres

## Annual Medication Review Information Leaflet

Issued after consultation with the  
Patient Participation Group

## Why do I need a medication review?

As part of our continuing care to our patients, we ask that all medication is reviewed by the practice at least once a year. This is to ensure that the medication is still effective and appropriate for the condition for which it is being prescribed. Please note that you may also be monitored at a hospital or other institution but we are also required to review you if we issue any prescriptions.

## What will happen at the review?

The annual review may include a blood test, blood pressure check, etc. and appointments with the appropriate clinicians in our medication review clinics (details of these can be found on the back page). For some patients, e.g. diabetics, this may be more than once a year.



## How will I be invited?

You will receive an invitation to attend for your review before the month of your birth and then a further reminder attached to your prescription. For safety reasons, if you do not respond to these requests, your GP may have to restrict the quantity of medication on further prescriptions or opt to hold back further supplies until you are reviewed. Therefore, we ask that you respond as soon as possible. Your letter will be automatically generated by the practice. It is then sent electronically to a specialist company (approved by the NHS) which posts it for us.

Your letter will advise you whether you:-

- Need to attend for monitoring and see a clinician.  
You do have the option of asking to see your GP for this review, but remember that the practice has specialist pharmacists and nurses who are suitably qualified.
- Need to see only the pharmacist in which case you can book your own appointment and can be reviewed by phone if you prefer.
- Do not need to attend as your medication will be reviewed via your notes. You can still come in and discuss your medication if you prefer or the pharmacist may request you to come in and discuss your medication after this review.

## How do I book?

We offer a range of ways to book your review to make it as easy and convenient for you as possible:

- Request an appointment via email (preferred method). Either use the link on our website or send an email to: [call-gunn.recalls@Cornwall.nhs.uk](mailto:call-gunn.recalls@Cornwall.nhs.uk) giving your name, date of birth and times you can attend an appointment.
- For patients ONLY seeing a pharmacist, this appointment can be booked online. You need to register to use this service - please ask at reception for details.
- Telephone your usual Health Centre between 10am-12noon and 2pm-5pm to make an appointment.

